Breckinridge County 4-H members use their award winning talents to show gratitude to World War II veterans. Funds raised from cupcakes sales purchased a set of military flags for the county.

4-H Youth Apply Life Skills to Give Back to Community

Breckinridge County 4-H members used the food preparation and food safety skills to earn state recognition, honor local World War II veterans, donate to local charities, and teach younger youth.
4-H teaches basic life skills with hands-on opportunities that increase confidence, self-efficacy, and citizenship. 4-H Family and Consumer Sciences (FCS) Core Curriculum includes food preparation and kitchen safety skills. In Breckinridge County, 4-H members honed their culinary skills in preparation for the 4-H State Cupcake Wars competition. In Kentucky, the 4-H Cupcake Wars Competition youth participate in quick fire challenges, educational sessions with professional chefs, and are judged on their baking and decorating techniques. Over 150 youth participated during the 2016 Kentucky State Fair, demonstrated kitchen safety practices, used communication skills, and practiced leadership as they work in teams.

The Breckinridge County 4-H team are the 2016 Grand Champions. These 4-H members made the best better by honoring other in their community. They employed their entrepreneurial spirit and sold cupcakes to raise money. The money purchased a set of military flags donated to the county and contributed to other local charities. On Veteran’s Day, they honored local World War II veterans. As their confidence and skills improved, the team conducted baking workshops to local youth. The team mentored local youth to develop skills and become involved in their community. The local newspaper, Herald New, recognized the 4-H Cupcake Wars team as the “People of the Week.”