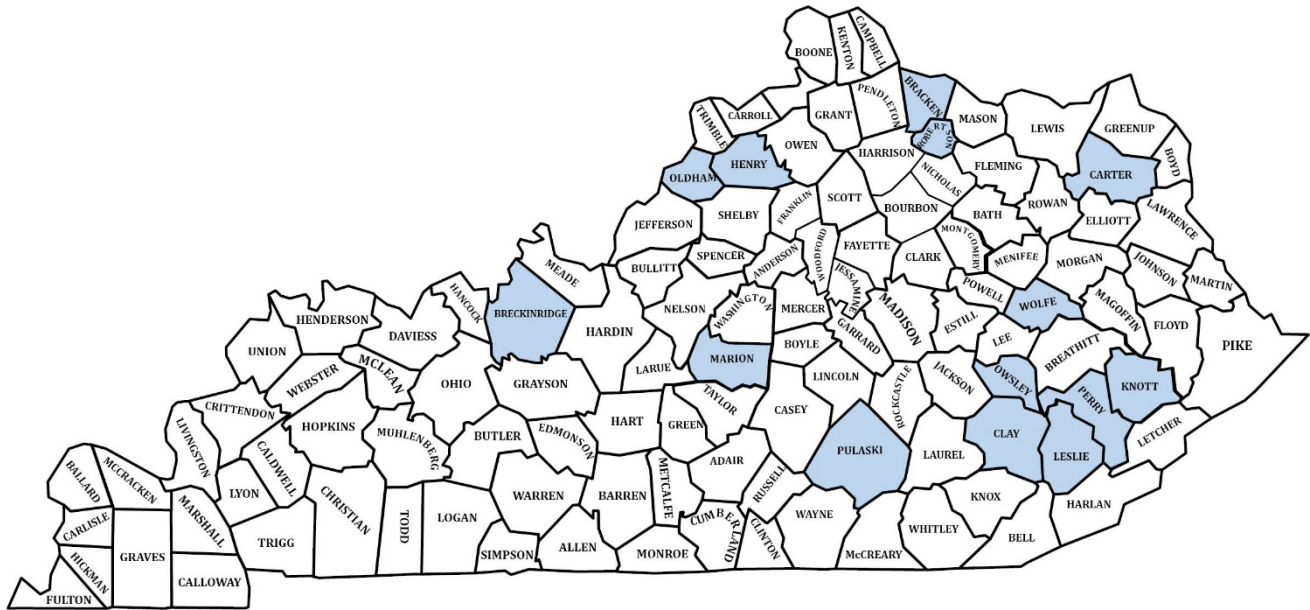


Stand Up To Falling



Stand Up To Falling introduces the serious consequences for falling, particularly for those ages 65 and older. The program highlights four preventable risk factors: lack of exercise, unsafe home environments, vision problems and medication usage. A total of 14 counties participated in the Stand Up To Falling Featured Program.

Stand Up To Falling

- 404** The number of people who understand how to reduce the risk of falling as a result of this program
- 337** The number of people who will protect their vision/or see an eye doctor as a result of this program
- 260** The number of people who plan on making changes to their home to reduce the risk of falling as a result of this program
- 266** The number of people who will review their medications with a doctor or pharmacist as a result of this program
- 328** The number of people who will be more physically active regarding strength, balance and flexibility to help reduce the risk of falling as a result of this program
- 319** The number of people who know how to safely get up from a fall as a result of this program