

REPORT TO THE PEOPLE



Ohio County 2020



DID YOU KNOW...

Ohio County Extension's work with the Ohio County Food Pantry impacted over 800 families in 2020



JUST A FEW OF OUR PROGRAMS



Agriculture



4-H Clubs



Family &
Consumer
Sciences



SNAP-ED



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4-H YOUTH DEVELOPMENT



Ohio County Youth received KY 4-H achievement awards

1743 Number of youth who applied the skills they learned in 4-H to home, school, or community.

829 Number of youth who indicated they are connected to a caring adult.

AGRICULTURE AND NATURAL RESOURCES

Home vegetable gardens have always been popular, but COVID 19 created a greater demand. Google showed a doubling of searches on “home gardening” information, when compared to recent years. The ANR and FCS agents’ worked collectively to provide resources to residents. We provided general information on gardening, how to get started in vegetable gardening, small container gardening, seed packets of green beans, squash and cucumbers were provided, and canning/freezing information.

- 250 Take-home packets were distributed at the Extension office from ANR & FCS totes
- 80 Hispanic Take-home packets were picked up at a local Hispanic grocery & Catholic Church
- 880 gardening packets were distributed thru two Food Pantries impacting over 1500 people

A survey of Food Pantry participants showed:

- 96% found the seed packet helpful
- 73% used the canning information to preserve produce

The Kentucky 4-H Achievement program is important to positive youth development by recognizing youth who have outstanding accomplishments, increased leadership knowledge, skills and abilities. The program encourages personal and professional development in a time when youth struggle to see the importance of being active in civic engagement and leadership roles. In 2020, four youth were awarded the Kentucky 4-H Achievement Silver Award, two youth were awarded the Bronze Award, two youth received the Clover Level 3 award, and two youth received the Clover Level 1 award.

These youth have continued to advance their leadership development in the 4-H Program by providing leadership to the Foods Club, the Horticulture Club, other leadership and volunteer activities. One youth was selected for the Kentucky 4-H Healthy Living Leadership board, organized a certified baby-sitting workshop, and a Horticulture workshop at the 2020 Kentucky



Food pantry volunteers distributing boxes with gardening literature

118 Producers adopting one or more best management practices for forage establishment for pasture or hay

133 Producers who implement a crossbreeding program and utilize Expected Progeny Difference when selecting bulls

FAMILY AND CONSUMER SCIENCES



Homemakers distributed fidget blankets in February

1696 Number of individuals who reported eating more healthy foods

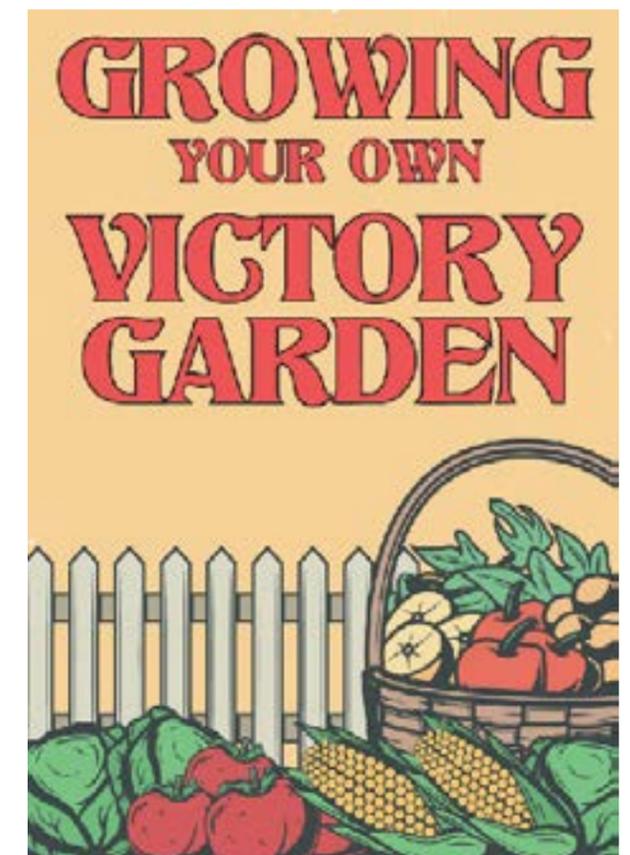
348 Number of hours volunteered to Extension activities and events by individuals who developed core leadership skills through the KELD program

One of the Kentucky Extension Homemakers Association goals is to embrace and nurture aging across the commonwealth. The Ohio County Homemakers welcomed this goal by learning more about Alzheimer’s Disease and the effects it has on their community. After learning more about the disease the Ohio County Homemakers wanted to make a positive impact in their community by providing fidget blankets to local nursing homes, assisted living facilities, and other organizations. As a result of the fidget blanket project, the Ohio County Homemakers handcrafted and delivered 65 unique fidget blankets to 3 local nursing homes, an assistant living facility, Wendell foster home (Owensboro, KY) and one out of state family member. The Ohio County Homemakers were recognized for their efforts by receiving a 1st place award from the Kentucky Extension Homemaker Association Family and Individual Development contest.

NUTRITION EDUCATION

Each year, UK Cooperative Extension Agents and Nutrition Education Program (NEP) Assistants help community partners and clients plant gardens throughout the state by providing education, expertise, seeds and gardening supplies. Due to the COVID-19 pandemic, additional efforts were made to reach low-resource, limited income audiences and families. The Victory Garden Campaign, in collaboration with the Kentucky Department of Agriculture, was one such effort.

UK Extension Offices distributed more than 5,000 of the Kentucky Victory Garden toolkits developed by NEP. The kits were handed out at Farmer’s Markets, Extension offices and plant giveaways. Surveys around the Commonwealth reported 45% of garden growers this summer were growing a garden for the first time. Respondents reported having more time this year to plant a garden, enjoyed the idea of growing their own food and saving money at the grocery store, as well as planting gardens with their children.



NOTHING IS OUT OF REACH.



Healthy Families. Healthy Homes. Healthy Communities.



Website: extension.ca.uky.edu



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... just a few ways Extension supports Kentucky

- **37,770** Kentucky youth applied the skills they learned in 4-H to home, school, or community.
- **5,510** Kentucky producers implemented sustainable practices they learned through Extension programs.
- **6,121** Kentucky families grew a garden using Extension resources
- **2,544** Kentucky beekeepers incorporated best practices recommended by Extension.
- **17,504** Kentuckians reported improved lifestyles through a focus on proper nutrition, disease and injury reduction and comprehensive health maintenance.

COOPERATIVE EXTENSION



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