

Report to the People

Leslie County • 2019

COOPERATIVE EXTENSION

 University of
Kentucky
College of Agriculture,
Food and Environment



4-H Summer Residential Campers

4-H Summer Residential Camp

Leslie County had 31 Youth who attended 4-H Summer Residential Camp this year at JM Feltner 4-H Camp in London, Kentucky!

Our youth get a 3 night and 4 day camping experience joining four other counties . Camp was packed with awesome activities from dawn to dusk! Class offerings included: Archery, Riflery, Arts, Crafts, Scrapbooking, Bicycling, Tie dying, High and Low Ropes, Zip Line, Nature, Swimming, Fishing, Canoeing, Paddle-boating, Dancing, Spotlight Photography, Sewing, Teen Leadership, and lots More!

One of 4-H's primary goals is to help young people become self-directing, productive and contributing members of society. Each camper had the chance to participate as a team member in leadership activities, challenges, competitions, and much more! Special thanks to our adult VOLUNTEERS who gave their time, energy and skills for our YOUTH! Plan to join us July 18-21, 2020 for 4-H Summer Residential Camp!

For More Information, Please Contact us at:

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4-H State Teen Conference

This conference, held June 10th – 13th at the University of Kentucky, is especially for teenagers from all over the state! It is a 3 night and 4 day conference on UK's Campus packed full of educational and exciting experiences and events! Agents, extension staff and adult volunteers offer Majors of many topics for teen participation. Minor Leadership Class and Community Service Projects were also held for each teen.

This Leadership Conference helps our teens develop inquiring minds, learn practical skills, develop competencies and acquire knowledge, along with developing effective interpersonal relationships with adults and other youth. This year we celebrated many Achievement Awards, service events, community involvements and participation in making the BEST BETTER!! Congratulations Leslie County 4-H Teen Council Members! *#redefinekentucky4h*



4-H It's Your Reality

Teen Financial Literacy

According to a recent study conducted by USA Today only 31% of young Americans felt that their high school education did a good job of teaching them healthy financial habits.

Recognizing the lack of financial literacy taught to teens in local high schools during the school year, the Leslie County Family and Consumer Science agent, Brittany Bowling, in partnership with the Big Creek Mission summer day camp presented the Money Habitudes for Teens program. Money Habitudes is a fun and interactive way to teach teens and help them to recognize their habits and attitudes toward money.

There were 28 teens ages 13-18 in attendance during this program. Each student was able to identify their personal attitude toward money. 93% of the students that participated reported that they had a better understanding of their attitudes and habits toward money. 100% recognized the importance of saving their money. 93% indicated they would try to spend their money more wisely in the future. One student said "this was really eye opening, I need to save my money if I want a car." Another student said "I need to open a savings account at Hyden Citizens Bank."



State Teen Conference Participants

4-H It's Your Reality Program

Leslie County 8th grades and Leslie County High School Sophomore Class attended 2019 4-H It's Your Reality Program. The simulation followed classroom lessons shared with a total of 259 youth, which are designed to introduce students to financial realities through mock budgeting choices and lifestyle decisions. The knowledge gained will allow our youth to work towards financial security while in school and strengthen their transitions into the workforce. Special thanks to all who partnered and volunteered in hosting 4-H It's Your Reality 2019!



Chicks Hatching

4-H Chicken Embryology/Incubation

According to the 2017 Census of Agriculture, Leslie County has increased from 15 to 26 in number of farms since 2012. However, Leslie County is still the lowest in Kentucky. This data raises concern for agricultural production in Leslie County, making our lessons possibly more valuable than ever to continue!

Springtime traveling to Leslie County Schools began our animal science lessons with 146 third graders and 8 FMD youth on Chicken embryology/ incubation. Only about 10-15 % of the students reported that they currently raise chickens. Each classroom had their own incubator and took part in a series of lessons. The educational lessons consisted of nutrition, embryology, candling, marketing and finally hatching on day 21! A poster was left for each classroom that displays the development on each of the 21 days.

Our last lesson on “Hatching” finds the students attached to their feathered friends and often have been giving them names. Our culminating activity for each class was sharing poems or stories about their chicken incubation project. Creative writings were shared with ribbons awarded to each participant. Congratulations on your informative written communications!

Lots of discussion and thoughts were shared such as: it takes 21 days to hatch a chick, it is amazing that a chick can grow inside an egg, and how the shell protects the chicks. 100% of the students shared they knew more about hatching eggs after the 21 day project and 99% were interested in becoming chicken farmers someday.

This lesson is more than science, it is leadership, responsibility, communication and making friends. These youth have an excellent start on their knowledge of chickens. 4-H truly empowers youth to reach their full potentials and this project has truly touched their Head...Heart...Hands...and Health!
#redefinekentucky4h.

4-H Youth at Kentucky State Fair

Leslie County 4-H youth had a total of 54 entries displayed in Cloverville which represented their 4-H programs and project work. Teens and youth participants represented District 2 Showcase, leading our pledges on stage in Cloverville. Leslie County NRESci Academy was also represented by sharing an environmental project. Youth participants for FCS Day, shared their needlework projects on stage too. Leslie County Cooperative Extension enjoyed having these 54 entries on display for local enjoyment during our Annual Mary Breckinridge Festival!



Congratulations Leslie County Youth

Seniors - Healthy Lifestyle Changes

According to data reported by the Centers for Disease Control and Prevention, an estimated 1 in 6 Americans get sick every year from foodborne illness. One of the demographics who pose a greater risk of becoming ill from contaminated food are adults ages 65 and older. In an effort to combat this, the Leslie County Cooperative Extension Office's SNAP-Ed (Supplemental Nutrition Assistance Program Education) program assistant partnered with the Leslie County Senior Citizen's Center and offered a weekly program on site. The program addressed food safety issues and offered reinforcement items for the participants to use at home.

Demonstrations using these items and helpful tips were also offered in order to effectively target and eliminate possible unhealthy food practices. Nine seniors participated in the seven week program and upon completion it was concluded that 100% of them made a positive change in food safety practices. The seniors shared that they really enjoyed the program and by the end each person had adopted new healthy nutrition habits. One participant shared that she had always, in the past, thawed her meat at room temperature and was shocked to learn that it was an unsafe method. Another person said, "I have used my new meat thermometer at least five times since I got it!"

"Leslie County Extension provides a balance of life skills and fellowship for our community. Volunteers enjoy sharing skills and education for youth and adults as they grow to become leaders!"

Marie Muncy, Extension District Board Officer

It Starts With Us.
Healthy Families. Healthy Homes.
Healthy Communities.

Extension At a Glance

- Master Clothing Volunteers spent 260 hours training others on behalf of Extension while reaching over 400 youth and 100 adults.
- Approximately 300 youth report making healthy lifestyle choices while acquiring basic life skills.
- Over 120 youth indicated they learned new things about engineering in 4-H while also following the scientific method when making decisions.
- Over 200 participants were involved in community art projects including trail design. While also reporting an increased knowledge, opinions, skills and/or aspirations in the musical and visual arts and over 50 community volunteers serve on boards, agencies and planning committees.
- Approximately 400 youth demonstrate skills that was learned and/or improved by participating in a 4-H ANR project, program, event or activity while also understanding the role of agriculture.



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