



**DID YOU KNOW**... In 2021, the Power of Produce Farmers Market Youth Program, 73 youth attended the five day program.





Website: http://bath.ca.uky.edu/



Facebook: Bath County Cooperative Extension Services

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## **Family and Consumer Sciences**



#### Early Childhood Programs



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Children put new social-emotional skills – such as self-awareness, self-management, relationship skills, and responsible decisionmaking – skills into practice after completing the program

Children demonstrated improved early literacy skills – phonological awareness, print awareness, narrative skills, vocabulary, etc

#### **4-H Youth Development**

The uncertainty and precautions of COVID-19 is still a prominent thought and actions of every person in the United States. Due to that fact, Summer Camp 2021 wasn't guaranteed to happen (like in 2020). Through months of discussion and planning from U. K. Legal down to Bath County 4-H Program Camp 2021 happened. All camp sites were limited to 50% capacity, new handwashing stations were installed, social distancing was required along with facemasks and Bath County was limited to taking only 50% of its usual attendance.

The changes also eliminated many of the wellreceived activities at camp, such as Sally Down The Alley, Field Games, Water Olympics, etc. However, all of the campers attended each class. Classes included Archery, Riflery, High and Low Ropes, Fishing, Crafts, Recreation, Nature and more. For the 2020-2021 program year, Bath County families were impacted by COVID. Seven percent of citizens living in Bath County are under the age of five. Only 30 percent of those are ready for kindergarten. The Family and Consumer Sciences Extension Agent and the Preschool Advisory Council collaborated on virtual programming for students in Bath and Menifee counties.

The FCS Agents in both counties hosted a virtual learning series - Stories, Songs, and Stretches - through the public libraries. Agents recorded videos that featured mediation, yoga poses, stories, and more. Families picked up learning materials along with the lessons weekly. Participants were given learning manipulatives to complement learning. While the program reached over 100 views per video, more families picked up the learning activities through the program. Many families loved having something they could focus on when at home during the pandemic.



Camp Reflection



The number of youth who participated in overnight, 4-H summer camp(s)



The number of youth who participated in day or overnight, 4-H non-environmental camps at your office, 4-H camp facility, or other location (i.e. project day camps, etc.)

#### Agriculture and Natural Resources



**Produce Auction** 



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Producers were provided the opportunity to expand on-farm income through diversification.

Local businesses and individuals are provided the opportunity to purchase high quality produce for resale and use. The Bath County Produce auction continues to function as an outlet for producers who want to market a wide variety of horticulture products. The auction program provides producers in Bath County and the surrounding area, the opportunity to market products in various size containers based on their current marketing strategy. The market management, board and the extension office provide marketing and Promotion and coordinate the efforts to expand and grow the market as well as recruit sellers for the market.

The goal of the market, as it is established, is to provide an opportunity for local producers to expand their on farm income, diversify their farming operation and to supplement the loss in tobacco income that farmers have experienced over the last several years. Efforts are still being made to expand the market in both grower/ sellers and buyers to stimulate even more direct farm income to our producers.

## **Nutrition Education**

SNAP-ED programming during 2021 continued to be virtually due to the pandemic. Classes were offered on Facebook for adults using the Healthy Choice Classes. During the first part of the fiscal year SNAP-ED protocol allowed for no 24 hour recall being done due to poor return of the recalls to the assistants. When the in person classes were permitted to begin again, classes were resumed at the senior citizens center and Hazel Hill Recovery. Classes were not completed as the senior citizens center closed back down with the increase of COVID-19 cases, mask mandate for Kentucky State University employees and poor adherence of wearing masks.

In-person classes were not allowed during the school year and virtual programming paid for by the SNAP-ED program was not utilized by the school staff. Virtual classes will continue until COVID-19 mandates are lifted for at risk population.



About Discussion Topics Events Media Files People

#### **Classes During COVID-19**

17Adults improved diet quality in at least one area17Adults improved food safety practices

# NOTHING IS OUT OF REACH.

Healthy Families. Healthy Homes. Healthy Communities.



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## ... just a few ways Extension supports Kentucky

- **23,971** Kentucky youth who participated in a project, activity or event in science, engineering and technology through 4-H programming.
- **4,890** Kentucky producers adopting new technologies in agriculture production.
- **3,399** Kentuckians who improved or maintained health from participating in gardening.
- **3,898** Kentucky families who supplemented their diets with foods they grew or preserved.
- 4,161 Kentuckians participating in community trail projects.

#### COOPERATIVE EXTENSION



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