



DID YOU KNOW... Carlisle County KEHA members contributed over 4300 community volunteer hours last year





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Agriculture and Natural Resources



Carlisle & Fulton County ANR Extension created online series to provide resources amid COVID shutdowns.



248

Number of producers that increased knowledge of production, fertility management, varieties, insect control, disease or pests and/or sustainable practices

Number of people who altered existing spray programs bases on pest monitoring or to reduce non-target impacts

Family and Consumer Sciences

According FeedingAmerica.org, 16.4% of Carlisle County residents are food insecure, higher than the national percentage of 14%. The effects of COVID on the community only drive those numbers upward, due to job loss and food accessibility. To combat these statistics and get food onto the plates of their residents, Carlisle County FCS Extension & Homemakers joined forces with the Carlisle County Family Resource Center (FRYSC) to sponsor Free Community Pantry Boxes across the county.

Through fundraising, donated services and program funds, the organizations were able provide the county with two cabinets large enough to house food and sanitary items and present them to local towns of Bardwell & Arlington, the two most populated areas of the county. Boxes were placed in easily accessible areas and stocked with non-perishable food and sanitary items, with encouragement to the communities to keep the boxes stocked for those in need. Producers attend in-person meetings held by Extension on various row crop related topics, but due to COVID these meetings were not held. Carlisle & Fulton County ANR developed a 5 part series to provide information to the producers. They could interact with Specialists, and maintain social distancing, all from the comfort of their home or office. The agents scheduled 5 Monday evening sessions beginning Feb 8th at 6:30 pm.

The topics included Grain Marketing/Profitability & ARC/PLC Decisions for 2021, Profitability thru Machinery Management, Weed Control/ Dicamba Updates, Foliar Fungicides, and Precision Phosphorus Management. Sessions were recorded & available for producers to review via YouTube. Participants were engaged with the specialist and had discussions during the question & answer portion of the sessions. It was expressed that in-person meetings were preferred, but they liked the option to view the meetings online if needed.



Pantry Box Partnership: Arlington Mayor Bobby McGee, Bardwell Mayor Phillip King, FRYSC Director Allison Rogers, FCS Agent Brooke Hogancamp, Carlisle County Homemaker President Julie Hook, and Contractors Joe Ben Hogancamp and Ronnie Hogancamp.



121

Number of individuals who sought support from local community organizations and/or its individual members

Number of Extension empowered individuals engaged in coalitions or organizations to address a significant community issue

Nutrition Education



ANR & FCS Agents distributed Garden To-Go kits containing young tomato & pepper plants, seeds, gardening & food preservation resources, activities and more.



198

Number of individuals who reported eating 4-6 servings of fruits and/or vegetables daily

Number of people who gained knowledge in consumer and home horticulture including: native plants, disease and pests, composting, site analysis, and proper maintenance There is no farmer's market available in Carlisle County and 2 local supermarkets provide the only available fresh options within 20 miles. Ag & FCS Extension recognized a need & opportunity to provide education, resources, and a small startup project. Gardening To-Go was offered during COVID pandemic restrictions. Agents distributed take home gardening kits containing agricultural guides & publications, seeds, gardening calendars, tomato & pepper plants, and recipes utilizing fresh produce.

Time was dedicated to each participants as they received their kit to ensure they were comfortable with their garden start up. 80 local community members received kits! Many have reached out to share their success with the tomato plants & pepper plants. The gardeners were encouraged to expand on their new skill. Food preservation and marketing & distribution are shown as attainable goals, in hopes that the "seed" of gardening will flourish.

Community Economic Development

Due to COVID 19 our WAVE AG Day was cancelled for July 2020. In order to stay connected to our communities, we started Project Full Plate. During the 2020 year, families and businesses were all struggling. The Four-River WAVE Ag group with Extension wanted to show the families they could lend a hand. To replace our WAVE Ag Day, the group asked agribusinesses and other businesses to come alongside the organization and help connect producers with consumers.

Local businesses were very supportive of this idea, contributing over \$6,000 to the program. This enabled the WAVE Ag group to go directly to local producers and our farmers markets, buy produce that they were struggling to sell, and distribute the product straight to our local food banks and senior citizens centers. There has been tremendous feedback from the program, and the group is working on this through the winter months until fresh produces becomes available again.



#Bakerboy helping out with the Full Plate project and delivering fresh produce to the Carlisle

190

Number of clients who shared information about agriculture and/or environmental issues with elected officials



Number of people impacted by Advisory Councils,community organizations, and other volunteers including County Ag Investment Program (CAIP), Chamber of Commerce Ag Committee, farm bureau, county fairs, festivals, etc.

4-H Youth Development

Food preparation is an essential life skill, with those preparations come the art of baking. An entire day was dedicated to 14 aspiring young 4-H Bakers who, over the course of 6 hours, were taught this very important life skill. Topics covered hand washing and sanitation, and proper measuring practices, methods, and terminology. The young bakers navigated multiple work stations to complete 6 different 4-H recipes for baked goods.

The efforts of the participants resulted in 84 county fair entries. One participant stated "Baking Day is my absolute favorite day at the Extension Office!



4-H Baking participants worked through stations to create 6 different recipes each.



Number of youth who participated in education related to family and consumer sciences



The number of youth who participated in day or overnight, 4-H non-environmental camps at your office, 4-H camp facility, or other location (i.e. project day camps, etc)

... just a few ways Extension supports Kentucky

- **23,971** Kentucky youth who participated in a project, activity or event in science, engineering and technology through 4-H programming.
- 4,890 Kentucky producers adopting new technologies in agriculture production.
- **3,898** Kentucky families who supplemented their diets with foods they grew or preserved.
- **4,161** Kentuckians participating in community trail projects.

COOPERATIVE EXTENSION



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