



DID YOU KNOW... Cumberland County has 25 certified master loggers that have been educated on environmental and safe





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Agriculture and Natural Resources



Robot Coupe in action at Cumberland County Middle School.



Number of people who collected soil samples for testing

Number of people who gained knowledge in consumer and home horticulture including: native plants, disease and pests, composting, Cumberland County was awarded the Kentucky Farm to School: Producer Engagement Grant (PEG) through the Kentucky Department of Agriculture, for \$7,000.00. For the first part of the grant, the ANR agent worked with the high school agriculture teacher and had raised beds built for the elementary and middle schools. Crates were purchased for producers to transport their produce to the schools. Fruit trees were purchased and installed at both the elementary and middle schools.

In April of 2021, the project received an additional \$3,625.00. Three robot coupes (one for each school cafeteria) and two tower gardens for the elementary school were purchased with the additional funding. The robot coupes will make it easier and quicker for cafeteria staff to prepare fresh fruits and vegetables. The tower gardens will allow to teach through the winter while growing fresh produce for the cafeteria.

Family and Consumer Sciences

With more time at home during the Covid-19 pandemic, people were looking for new and more effective ways to do things. Many Green Cleaning products can be made using ingredients that many people have in their homes. The Cumberland and Wayne County Family and Consumer Sciences agents collaborated to conduct a virtual green cleaning series. The Great Green Spring Clean consisted of four lessons: kitchen, bathroom, laundry and furniture. Participants watched the green cleaning recipe video/lesson demonstration and picked up materials from their local extension office to prepare the weekly recipe at home. In Cumberland County, people were asked to register for the series and 19 people signed up for the program. All 19 completed the Great Green Spring Clean series and turned in evaluations. 84% stated that they had saved money on cleaning products during the month long series. A total of \$140 reported savings.



DIY Green Cleaning.



Number of individuals who implemented at least one strategy to reduce expenses or manage money

1086

Number of hours KEHA members volunteered in COMMUNITY activities and events

4-H Youth Development



Youth learning how to use a paddle correctly.

Number of youth provided with diversity focused education

Number of youth who reported that they followed instructions step-by-step to do or make things themselves

Summer is not summer without 4-H Camp. For one 4-H member to attend 4-H Camp in the summer of 2021, the cost was \$240 plus transportation. In the spring 2021, the Cumberland County Extension District Board and Cumberland County 4-H Council made a commitment to make 4-H Camp affordable for all youth. The Cumberland County Extension District Board voted to provide the maximum allowed contribution towards each 4-H members camp fee (\$180 per member) and the Cumberland County 4-H Council paid the remaining fee with funds from fundraising.

The funding decisions were made in response to obstacles that have prevented individuals from attending camp, including groups who are marginalized because of race, language, economic status and other key factors. As stated by UK President Eli Capilouto, addressing access and equity requires commitment. It requires partnership. (2021). All camp spots allotted for Cumberland County (36) were filled.

Nutrition Education

183

36

The Cumberland County SNAP-ED Assistant partnered with the Cumberland County schools food service program during the summer feed program. This year, the Where's Wally Cat Adventure program was introduced. When picking up food boxes, families also collected a Wally Cat activity bag that included nutrition information, quiz sheets, recipes, cooking utensils, items to encourage physical exercise, and a clue sheet on where to find Wally Cat at local businesses.

The SNAP-ED Assistant gave a weekly and an overall prize. The summer feed program averaged 96 families weekly with half participating in the Wally Cat program. The survey showed 80 % of the students, who completed the program, improved in at least 1 healthy habits based on pre and post evaluations.



Where's Wally Cat Poster in Local Bank.

48)

Number of individuals participating in summer education program.

21)

Number of individuals that completed the program and benefited from it

NOTHING IS OUT OF REACH.

Healthy Families. Healthy Homes. Healthy Communities.



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... just a few ways Extension supports Kentucky

- **23,971** Kentucky youth who participated in a project, activity or event in science, engineering and technology through 4-H programming.
- **4,890** Kentucky producers adopting new technologies in agriculture production.
- **3,399** Kentuckians who improved or maintained health from participating in gardening.
- **3,898** Kentucky families who supplemented their diets with foods they grew or preserved.
- 4,161 Kentuckians participating in community trail projects.

COOPERATIVE EXTENSION



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