



DID YOU KNOW... Leslie County Extension Homemakers had 49 cultural arts entries, 38 will go to KEHA Competition!





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4-H Youth Development



Kentucky State Fair Exhibit Winners

2

373

Number of youth who completed a speech or demonstration.

Number of youth who completed a state fair arts, photography, or other visual arts project.

4-H spends a lot of time in the schools throughout the year and it is important to keep programming going through the summer. Summer Day Camps offer a special variety of activities from cooking, basket weaving, photography, sewing, needlework, expressive arts, and much more. The purpose of the day camps is to keep our youth involved, help them grow and to learn new skills. This also gives them the opportunity to submit exhibits to The Kentucky State Fair. Over 5000 projects were submitted from 4-H youth in Kentucky making the Kentucky State Fair a huge success. This effort would not have been possible without youth participants, parents, Extension staff and volunteers. Leslie County 4-Hers of all ages had a total of 57 entries displayed in at The Kentucky State Fair, August 2021. Youth enjoyed receiving ribbons and class- champion awards! These entries represent many projects and programs that help in shaping the lives of many 4-Hers!

Agriculture and Natural Resources

Leslie County Extension FCS and 4-H Community Gardeners planted gardens with a variety of crops! There were large and small gardens, but for some, container gardening was a better option. Leslie County Extension offered a Container Gardening lesson sharing lots of educational literature along with the Farmer's Market Shopper's Guide. We explored the many pros of container gardening along with sharing our own experiences in gardening. Everyone planted their own tomatoes or peppers in a 5-gallon size fabric container inter-planted with lettuce seeds and onion sets. Container gardening offers opportunity to garden on a small-scale meeting needs of those with limited space and time for traditional, large-scale gardens. Lots of fresh farm-to-table sharing has been enjoyed across our county. Farmers from 4-H clover bud age to adult continue to practice their skills with families and community as they become gardeners!



Community Gardening In All Spaces

38

79

Number of people who improved or maintained physical, emotional, or mental health from participating in gardening.

Number of youth who demonstrated a skill that was learned or improved by participating in 4-H natural resource programming.

Family and Consumer Sciences



Holiday Road Show Grab-N-Go Bags

75

25

Number of individuals who gained knowledge related to financial management

Number of individuals who implemented at least one strategy to reduce expenses or manage money According to 2019 US Census Data, the median household income in Leslie County is \$31,627.00 and 32.3 % of the population is living in poverty. Holidays are often an exciting time of the year. However, 2020 holidays came with added stress such as holiday spending, Covid-19 quarantines, mental, physical, and financial stressors. To assist individuals in understanding and responding to stress, **Quicksand Area Family and Consumer Sciences** Agents planned and prepared a "Holiday Roadshow" Bag-to-Go Program. Follow up surveys revealed 1,180 crafts were made and 303 recipes were tried, while a total of \$4,700.00 was saved. 96% indicated they had made at least one positive financial decision, while 91% of participants implemented at least one money saving strategy. This educational program provided great tools for teaching and encouraging families to make cost-saving decisions which helped everyone to have a more stress-free Holiday.

COMMUNITY ECONOMIC DEVELOPMENT

In 2021, we did our first ever Virtual Chick Incubation in Leslie County. A series of interactive lessons were taught via Nearpod. A total of 210 youth in Leslie County participated in the series of interactive lessons! The incubators were presented which holds 7 eggs each. The eggs were placed on March 3, 2021 which gave us the anticipated Hatch Day of March 23, 2021. Throughout the lessons youth were taught embryology, how to add water for humidity, appropriate temperature, the many purposes of eggs, and youth labeled egg parts to fully understand their nutrition. Our last lesson was "Hatching" which reminded students how to properly care for the new baby chicks. The 2021 Virtual Chick Incubation Project was a huge success! A total of 38 eggs were placed inside the incubators and 34 eggs successfully hatched. Our Youth now have an excellent start on their knowledge of chickens.



Chicks hatched in the incubator



Number of youth who demonstrated a skill that was learned or improved by participating in 4-H agriculture.

(210)

Number of youth who gained an understanding of the role of agriculture in the production of food, fiber, and wood products.

NOTHING IS OUT OF REACH.

Healthy Families. Healthy Homes. Healthy Communities.



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... just a few ways Extension supports Kentucky

- **23,971** Kentucky youth who participated in a project, activity or event in science, engineering and technology through 4-H programming.
- **4,890** Kentucky producers adopting new technologies in agriculture production.
- **3,399** Kentuckians who improved or maintained health from participating in gardening.
- **3,898** Kentucky families who supplemented their diets with foods they grew or preserved.
- 4,161 Kentuckians participating in community trail projects.

COOPERATIVE EXTENSION



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