



**DID YOU KNOW**... Oldham County Extension volunteers provided 7,748 community service hours in 2020.





Website: https://oldham.ca.uky.edu/



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## **4-H Youth Development**



Horse Club Members Savanna Claggett, Carrie Olds, Grace Gerbus, and Ella Olds.

(577) (145)

Number of youth who used the skills and knowledge learned in 4-H to conserve natural resources

Number of youth who participated in 4-H Summer Camp Oldham County 4-H members excelled locally and at state and national levels. This is a result of 4-H'er involvement, hard work, and 4-H staff and leader mentoring. Following are some recent 4-H member achievements. Ballardsville Horse Club members won first place in Kentucky 4-H Horse Bowl Team and Individual, Hippology Team and Individual, and Individual Overall in Judging. They will represent Kentucky at the Southern Regional Nationals and the North American Livestock Show.

An Oldham 4-H member serves as a Kentucky 4-H Teen Ambassador and represents Kentucky on the National 4-H Shooting Sports Board. Five Oldham 4-H'ers earned Gold Awards and are representing Kentucky at National 4-H Congress. Building on 4-H School Club curriculum covering Pollinators, plus Communication Skills, 4-H members participated in the National Bee Essay Contest. 120 members presented a speech and 2 earned State Champion Awards.

#### **Agriculture and Natural Resources**

Producers rely on Extension for research-backed advice, learning, and certification programs that improve production and marketing. Sixty-one producers benefitted from on-site meetings, addressing issues in forage production; horse and cattle operations; grain crops; and natural resources. Forty-one used information learned to make improvements and business decisions in their farming operations. This included evaluating existing and needed resources in order to make input decisions that fit the budget. Other benefits of meetings included referrals to related agencies and programs helpful to landowners. An additional 58 producers completed Private Pesticide Applicator Certification. Participants represented traditional grain crops, livestock, vegetables, and greenhouse managers and employees. Twentyone producers completed other certifications that enabled them to sell their farm products. **Certifications included Produce Best Practices** Training, Beef Quality Assurance Certification, Home-based Microprocessor Certification, and Market Scale Certification.



Cereal rye continues to be tested as a viable crop for Kentucky.

96

147

Number of people who applied Extension recommendations to manage pests, including weeds, invasive plants, insects, and diseases

Number of people who tested soil and received individual fertilizer application recommendations for growing sites

#### **Community Economic Development**



Extension's toy drive secured 581 gifts for kids and teens.



551

Number of hours Extension Master Gardeners volunteered in Oldham County

Number of hours 4-H Extension youth and adult volunteers contributed in Oldham County

Extension and Program Councils look for ways to strengthen community outreach and address community needs. Extension reached out to Highpoint Ministries to offer support in securing food for the increased holiday need in 2020. While food supply levels were good at that time, the children's toy and gift drive was in danger due to the loss of a major donor.

Oldham County Extension put a Toy Drive into action, and through the generosity of clients secured over 581 items, surpassing the goal of 500. Several clients asked about other ways to assist and were put in touch with HighPoint. 4-H also reached out to Good News Home. This agency assists displaced or at-risk families in finding housing and other resources to help them become or stay self-sufficient. Oldham County 4-H staff, volunteers and families provided 20 baskets filled with enough food to cook a complete holiday meal.

### **Nutrition Education**

In 2020, the COVID 19 pandemic threatened the lives of people throughout the world. The stress of limited food access was overwhelming for many families in Oldham County Kentucky. According to the Dare to Care food bank, 4,540 individuals in Oldham County are food insecure. The Oldham County Expanded Food and Nutrition Assistant partnered with two local food pantries to provide COVID-19 materials on handwashing and staying healthy during the pandemic. Healthy recipes paired with foods received that week helped in the preparation of healthy nutritious meals for families. From October 1, 2020 thru March of 2021, approximately 9400 materials were handed out to families at food pantries. By providing the Healthy Choices newsletters bimonthly, the Oldham County Extension office was able to provide valuable information to the families. Establishing partnerships with other resources in the county is a valuable part of Extension work.



Healthy recipes are paired with available food ingredients at food banks.

131)

Number of people preparing more healthy home-cooked meals



Number of hours Kentucky Extension Homemaker members volunteered in community activities and events

# NOTHING IS OUT OF REACH.

Healthy Families. Healthy Homes. Healthy Communities.



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# ... just a few ways Extension supports Kentucky

- **23,971** Kentucky youth who participated in a project, activity or event in science, engineering and technology through 4-H programming.
- **4,890** Kentucky producers adopting new technologies in agriculture production.
- **3,399** Kentuckians who improved or maintained health from participating in gardening.
- **3,898** Kentucky families who supplemented their diets with foods they grew or preserved.
- 4,161 Kentuckians participating in community trail projects.

#### COOPERATIVE EXTENSION



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